# St. Luke's Visitor

But the plans of the Lord stand firm forever, the purposes of his heart through all generations. Psalm 33:11

From The Pastor's Pen

"... **choose** life, ... <sup>20</sup> loving the LORD your God, obeying his voice and holding fast to him ..." Deuteronomy 30:19-20

Life is filled with choices. Do I eat that cookie? (Or maybe the question is how many). Do I exercise or sit on the couch and watch a TV show? Do I get involved in that committee? Do I send that card just because I want to encourage someone? Do I pray? Do I go to that Bible Study?

During the season of Lent, we examine our lives, our choices, our patterns, our habits ... and we listen to our Lord who says, "I have chosen you. You are mine. I am with you always."

"the LORD has **chosen** you to be a people for his treasured possession" Deuteronomy 14:2

Our **themes** for the worship services in <u>March</u> are as follows: **Feb. 29/March 1 Mar 7/8** – *Lent 1* – Matthew 4:1-11 – "Baptized into What?" **Mar 14/15** – *Lent 2* – Genesis 12:1-9 – "Our Hope and Abraham's"

Mar 21/22 – Lent 3 – Romans 5:1-8 – "Proof by Comparison"

Mar 28/29 - Lent 4 - Isaiah 42:14-21 - "Look with the Light"

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**Lent** is a season of penitence, reflection, prayer, and catechesis. Lent is 40 days long, but does not include Sundays. It began with *Ash Wednesday* on February 26, 2020. *Every* **Wednesday** during the Lenten season we have a midweek worship service at **7:30** PM. The sermon theme for the 2020 Lenten Midweek Services will be "Living among the Bible's Trees."

Wed., Mar 4 – Lent Midweek 2 – "Great Trees of Mamre" (Ps 96; Gen 18 & 23) Wed., Mar 11 – Lent Midweek 3 – "Oak at Ophrah" (Ps 78; Judg 6; Matt 12) Wed., Mar 18 – Lent Midweek 4 – "Jesse's Tree" (Ps 80; Is 6 & 10) Wed., Mar 25 – Lent Midweek 5 – "Tree of the Lord's Planting" (Ps 104; Ez 17; Mk 4)

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**March Gladness** will be on **Sunday, March 15**, at the **Bluemont Hotel** (1212 Bluemont Avenue, Manhattan, KS, 66502). **Thrivent** is also sponsoring this event. The evening will include a catered meal from **Coco Bolos**. It is an evening 1) to celebrate the generosity of those who have contributed to our new facility and 2) to invite others to partner with us. (The first 50 people who RSVP will be able to attend). Baby sitting will be provided at the church (if needed). Please RSVP with the church office by March 2.

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Things are coming along nicely with the construction of our new facilities. (Have you seen the pictures on facebook ... or driven by?) We are planning to relocate this summer just west of Blueville Nursery on Anderson Ave.

Additional expenses that have not yet been included in the budget include the Early Learning Center Playground, the Sign, and organ. If you have not yet joined us in financially supporting our relocating efforts, know that your generosity is always appreciated.

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Please join us on **Sunday mornings** at 9:45 AM in the Fellowship Hall. After **refreshments**, we gather for **Bible Study**. Our current topic is RE:VITALITY: SERVING IN GOD'S MISSION. This is a Bible Study created by our Synod and lays the groundwork for the Strategic Ministry Plan. All those who will be working on the Strategic Ministry Plan are strongly encouraged to participate in the Bible Study. Everyone is encouraged to participate.

It is a joy to serve St. Luke's.

"Sharing Jesus Christ's love with those around us."



JANUARY OFFICIAL ACTS

Profession of Faith Austin LeMay Jerry Glessner

#### <u>Transfers</u> Lisa Voeltz Scott, Carly, Jensyn & Dottie Fritz Nathan Pauls



Date	Saturday 6:00 PM	Sunday 8:30 AM	Sunday 11:00 AM
Feb 29/Mar 1	Kennedy Danker	Jocie Brott	Jaden Campbell
March 4	Midweek 2 - 7:30 pm	lan Carter	
March 7/8	Bailey Wright	Kaden Lemaster	Zoe Riggs
March 11	Midweek 3 - 7:30 pm	Ethan Olesky	
March 14/15	Payton Sturdy	Simon Schmidt	Luke Wilson
March 18	Midweek 4 - 7:30 pm	Lilly Davis	
March 21/22	Sophie Wright	Ethan Olesky	Jocie Brott
March 25	Midweek 5 - 7:30 pm	lan Carter	
March 28/29	Hunter Lang	Lilly Davis	Jonathan Feldhausen





March 1: John Burnett, Daniel Burtness, Courtney Huss March 2: Walter Meyer, Stewart Moore, Daniel Wehmueller, Quinnlee Feldhausen

March 3: Linda Frey, Cory Saunders March 5: Susan Spain, Madeline Hosier

- March 6: McKenna Claussen. Emmett Bean
- March 9: Jana Winter, Alyson Lister
- March 10: Jacob Holle, Donna Cederberg
- March 13: Shawn Thiele
- March 14: Nancy Arnold
- March 16: Gracie Williams, Lori Uffman
- March 17: Dennis Graham
- March 18: Jennifer Fleming, Connie Wetzel
- March 19: Mark Claussen
- March 20: Robert Dieball, Karen Resser
- March 23: Jordyn Holle
- March 26: Janice O'Briant
- March 28: Ann Dinwiddie
- March 29: Randall Juracek, Barbara Genschorck
- March 31: Linda Simon, Kip Campbell

March 3: Roger & Kim Davis March 5: Waylon & Rhiannon Fleming March 15: Dan & Terry McCormick, Daniel & Amy Hatfield March 20: Tim & Crystal Pralle March 25: Bryce & Kelly Burris

## EARLY LEARNING CENTER (ELC)

The Early Learning Center ended February with a wonderful week celebrating National Lutheran Schools Week. A highlight of our activities was our "Meaningful Moments" breakfast and servant event of tying blankets to be donated to Life Choice Ministries. Following our special morning families were invited to join us for our weekly Chapel which included administering of the ashes for Ash Wednesday. We are incredibly thankful for our school!

Following spring break, staff and students will be present in the annual St. Patrick's Day parade. Watch for us as we represent St. Luke's Church and ELC! We will also be opening registration for current families, followed by the community toward the end of March. This will be an exciting month!



Ash Wednesday





Service Project

Devotions



Children's Ministry Chair: Shane Rengstorf, slrengstorf@yahoo.com BASIC Sub-chair:

Sunday School Sub-chair:

Children's Church/Nursery Sub-chair: Marilyn Fick,

wm\_fick@yahoo.com

VBS Sub-chair: Tiffany Manning, tiffanykaymanning@gmail.com Family Events Sub-chair: Darci Paull, 785-565-4123

- Emergency Shelter March/Toothpaste
- Reached our goal and bought our goat! Next goal is to buy a fruit tree!
- We are in need of a Sunday School Sub-chair and BASIC Sub-chair.
- We are in need of substitute teachers for Sunday School and BASIC.



Youth Ministry Chair: Lori Uffman Servant Events Sub-chair: Jerry Feeley Youth Events Sub-chair: Shanda Wilson Gathering Sub-chair:

- March 6th 8th Quake in Omaha. Pray for those attending.
- March 11th Scavenger Hunt around Manhattan; Sr High vs Jr High;

Chaperons needed!

- Keep your eyes peeled for Easter Breakfast Information.
- We are in need of a Gathering Sub-Chair.

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### **CONNECT GROUPS**

Sunday Adult Bible Class, following fellowship time, Pastor Schmidt

**Lutheran Layman's League,** 1st Sunday of the month, 7:00 PM. For more information, contact David & Julie Hatesohl, 785-845-8124 or 785-236-0493 or phoebehat@gmail.com. Hope to see you there!

Table Talk, Sundays at 6:00 PM. Meal for college students, meet at the Blue House.

**Women's Bible Study,** 2nd and 4th Monday, 9:30 AM, "Hope", Your Heart's Deepest Longings Diane Mosier, 785-776-8615

**Lighthouse,** an infertility, miscarriage, and infant loss support group, 3rd Monday of the month, 6:30 PM, education building, Meghan Loverude, meloverude@gmail.com; Charity Smith, dcestlukesmanhattan.org

**Card Making,** 3rd Monday of the month, 7:00 PM, at Candlewood Frame Shop, Janet Beach and Ann Williams

**Men's Bible Breakfast,** Tuesdays, 6:30 AM, Good News study, "Abraham Your Faith Foundation, eastside McDonald's, Walt Fick, 785-776-0879 or fick.walter@att.net

**Young Adult Group,** Tuesdays, 7:30 PM, senior high youth room in education building, Kaitlin Krause, 918-899-6927 or kaitlinjoy.krause@gmail.com

**Parents' Night,** Parents with any age child are welcome to spend time together in fellowship, discussion and devotions. 4th Tuesday of the month, 6:00 PM, basement fellowship hall, Charity Smith, dcestlukesmanhattan.org, or Rachel Sielaff, Rachel\_louree@hotmail.com. Childcare is available at \$10 per child; RSVP required for childcare. Food provided.

**Campus Ministry Bible Study,** Tuesdays at the Blue House. Fellowship at 8:00 PM; bible Study at 9:00 PM.

**Mission of Love** (working on quilts), 2nd Wednesday of the month, 9:00 AM, basement fellowship hall, Dorothy Burtness, 785-539-8018

**Cancer Companions,** Fridays, 1:30 PM, Via Christi Village Chapel, Jamie Spikes, 785-537-3929; Judy Boye, 785-320-6355

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#### **MUSIC NOTES**

#### Children's Choirs & Confirmation Class Music Dates 2020

- Sunday, April 5: Confirmation Class Chime Choir at confirmation service at 8:30 AM
- Sunday, April 26: Children's Choirs during late service; meet in Fellowship Hall at 10:45 AM
- Wednesday, May 6: Children's Choirs (and anyone who would like to perform) at the Spring Concert at 6:30 PM. Be thinking about what you could share!
- Reminder that anyone is welcome to join our music ensembles!

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#### THE LUTHERAN CHURCH—MISSOURI SYNOD LCMS STEWARDSHIP MINISTRY NEWSLETTER ARTICLE MARCH 2020

We are at the beginning of Lent. During the Lenten season, the church calls to our attention the sufficiency of what God gives. It points to the sufficiency of God's grace in the atoning work of Jesus. It shows us the sufficiency of faith in Jesus' work for us. It makes known the sufficiency of God's Word in faith and life.

But Lent doesn't just remind us of the sufficiency of God's spiritual gifts, the gifts that pertain to our redemption and salvation. Lent also reminds us of the sufficiency of the physical, temporal gifts of God, those that pertain to this body and life. In other words, it reminds us of the importance of godly contentment and of outward discipline and training of the body.

This outward training of the body teaches us not to give in to every desire of our flesh but to learn to say no to them. And it does this in such a way that if you fail, it is no sin. It is a way to practice without putting yourself into a compromising situation.

The easiest example of this is fasting. When you fast, you are practicing saying no to the desires of your body. But if you fail in this, if you break your fast, you have not sinned. You have, though, learned something about how your flesh works, how difficult it is to fight against it, and how you need help from above in order to do it.

There is another example of this. It is alms-giving. This is an increase in giving to the church and its mission during this time. We all know that our flesh finds security in money and stuff. By committing to give more to the church, you are training your flesh. You are, by this outward discipline, training yourself to be content with what God gives. You are practicing saying "no" to your desires. Again, if you fail, you have not sinned. But you've learned just how powerful your flesh is in leading you instead of you leading it. You've learned how you need help from above in being content with what God gives.

This is why St. Paul instructs young Pastor Timothy in this way:

"But godliness with contentment is great gain, for we brought nothing into the world, and [a] we cannot take anything out of the world. But if we have food and clothing, with these we will be content. But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs." (1 Tim 6:6–10)

Our sufficiency is not of ourselves; it is in God. Let us learn this without sin by training our flesh this Lenten season.



#### **Cancer Companions**

"Jesus is a master at pushing back the chaos of cancer for everyone. Whether you have drawn close to Him since childhood, wandered from the comfort of His presence, or know Jesus only as an acquaintance or stranger, it doesn't matter. Jesus, the Son of God, sees you as His precious child and He is with you now. He is closer than your breath. Whether sitting in the chemo room or waiting for your scan results, Jesus is with you.

As a believer in Christ, you may know that through life or death, Christ is always with you. But please also know this: Jesus has much more to offer you than the certainty of your salvation. Beyond being your Savior, I pray you come to know Jesus as:

- the rock that holds you when you're weak.
- the arms that lift you from the depth.
- the light that flickers in your darkness.
- the voice that soothes you in the silence.

Jesus is all you need and more."

Come hear more at St. Luke's Cancer Companion group. They meet Friday's – 1:30 p.m. – Via Christi Village Chapel.

#### ST. LUKE'S LUTHERAN WOMEN IN MISSION MINUTE

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"I am the Vine; You are the Branches" John 15:5

#### LWML Manhattan Zone Spring Event March 21, 2020 St. John Lutheran Church 218 W. 2nd St., Alma, KS

Registration: 8:45 a.m. Call to Order: 9:15 a.m. Cost: \$5.00 – Includes Lunch

**Guest Speaker -** Rev. Jeff Crane Orphan Grain Train, Wichita

#### Ingathering for Orphan Grain Train

New or Gently Used Clothing and Shoes (Men's, Women's and Children's, All Sizes)

#### Mite Challenge

Remember to bring your mites!!! (Bills and Coins for our Money Tree)

#### All ladies invited!

Bring someone that does not usually attend! Let's share the love of Jesus through LWML!

If you have suggestions for activities or mission events, we are always looking for ideas. You are welcome to reach out to Julie Hatesohl at Church or send an email to: <u>phoebehat@gmail.com</u>.

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The deadline to designate any Thrivent Choice dollars received in 2019 is March 31, 2020. To designate visit <u>Thrivent.com/choice</u> or call 1-800-Thrivent and say "Thrivent Choice®" at the prompt.

# Flint Hills Lutherans for Life

"**Did God Really Say ...?**" is Lutherans For Life's theme for 2020. It is based on Genesis 3 and John 6:68: "Simon Peter answered Him, 'Lord, to whom shall we go? You have the words of eternal life."

Genesis 3 begins with, "Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree of the garden'?"

And so it began. Human beings began listening to the voice of Satan. He wants us to believe that a tiny human in its mother's womb is just a "clump of cells" or "it" doesn't actually feel pain, or "it" is an inconvenience – so it is alright to abort "it". Problem solved. Satan's way of solving problems is death. Jesus says, "He (the devil) was a murderer from the beginning, and has nothing to do with the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies" (John 8:44).

Did God really say death is the answer? God loves and cherishes each of us, whether we are just beginning in our mother's womb or we are at the end of life. God sent His Son, Jesus, so that we may have life – not death. "I came that they may have life and have it abundantly" (John 10:10).

Satan whispers (and sometimes shouts), "Death is the answer!" We can get caught up in his deception because "death is easy and seems to solve the problem".

We know the truth, though. "The truth sets us free" (John 8:32). We know what God says: "You formed my inward parts; You knitted me together in my mother's womb. I praise You, for I am fear-fully and wonderfully made. Wonderful are Your works; my soul knows it very well" (Psalm 139:13-14).



Irish Blessing - May the road rise up to meet you. May the wind always be at your back. May the sun shine warm upon your face, and rains fall soft upon your fields. And until we meet again, May God hold you in the palm of His hand.

#### TRAVELING BULLETIN

Immanuel Lutheran Church, Santa Fe, New Mexico, Susan Spain & Scott Stone

(When you worship at another church, please bring the worship folder and bulletin to the church office with your name on. We will post your name and where you've worshipped, hopefully stimulating conversation of where you've visited. And, our staff will get the chance to see what other churches are doing. Thanks!)

# From The Parish Nurse

# Colorectal Cancer Awareness Month

Colorectal cancer is cancer of the colon or rectum. It's as common in women as it is in men.

Several screening tests can detect colorectal cancer early, when it can be more easily and successfully treated.

Risks for colorectal cancer include:

- Age 50 or older
- Overweight
- Physically inactive
- Large consumption of red meats, alcohol
- · Family history or colon polyps or cancer
- History of inflammatory bowel disease

Reducing your risk is key. If you're at average risk for colorectal cancer, start getting screened at age 50. Consult your physician if you are at high risk.

The American Cancer Society guidelines for colorectal cancer screening two most common screening tests are a colonoscopy every 10 years, or a stool for occult blood test every year.

Follow your physician's recommendations for other screening tests or to have the screening more frequently. For more information on colorectal cancer and other types of cancer and their treatments visit the American Cancer Society at **www.cancer.org** 

#### **National Kidney Month**

1 in 3 adults is at risk for kidney disease. What puts you at risk?

**Major risk factors include:** <u>diabetes, high blood pressure, a family history</u> <u>of kidney failure and being age 60 or older.</u>

Kidney disease **often has no symptoms**, and it can go undetected until very advanced. A simple urine test can tell you if you have kidney disease. Early detection and treatment can slow or prevent the progression of kidney disease. The kidneys remove waste products and excess fluid from the body. These waste products and excess fluid are removed through a complex process of excretion and reabsorption which are eliminated from the body in the form of urine. This process is necessary to maintain a stable balance of body chemicals. The critical regulation of the body's salt, potassium and acid content is performed by the kidneys. The kidneys also produce hormones that affect the function of other organs. For example, a hormone produced by the kidneys <u>stimulates red blood cell production</u>. Other hormones produced by the kidneys <u>help regulate blood pressure and control calcium metabolism</u>. For more information visit the National Kidney Foundation at **www.kidney.org** 

Volume 11, Issue 3 2020





For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come...." Song of Solomon 2:11,12 KJV

> MARCH IS "SAVE YOUR VISION" MONTH

ARE YOU OVRERDUE FOR AN EYE EXAM?



Your Parish Nurses Jamie & Kate

