

# St. Luke's Visitor

*"For God so loved the world that he gave his one and only Son,  
that whoever believes in him shall not perish  
but have eternal life. John 3:16*

## FROM THE PASTOR'S PEN

*You shall not commit adultery.  
Exodus 20:14 & Deuteronomy 5:18*

St. Luke's Lutheran  
Church and Early  
Learning Center  
330 Sunset Avenue  
Manhattan, KS  
66502  
(785) 539-2604  
stlukesmanhattan.org

Rev. Michael J.  
Schmidt, Senior  
Pastor

Charity Smith,  
Director of Christian  
Education

Rev. King Crawford,  
Campus Ministry

Gretchen Hartsook,  
Director of Music

Laurie Powell,  
Director of Early  
Learning Center

Erik & Meghan  
Loverude,  
Social Media

## **WORSHIP SERVICES**

### **Traditional**

Saturday 6:00 PM

Sunday 8:30 AM

### **Contemporary**

Sunday 11:00 AM

### **Children's Sunday School and**

### **Adult Bible Class**

Sunday 9:45 AM

We continue our walk through the commandments with the 6<sup>th</sup> Commandment.

To understand adultery, we need to begin with marriage. In the Garden of Eden, God said, *"<sup>24</sup>Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh."* (Genesis 2:24). Both Jesus (Matthew 19:5, Mark 10:7) and Paul (Ephesians 5:31) quote this passage in Genesis. Marriage is God's institution, created and defined by Him as a union of one man and one woman. When Jesus says, *"let not man separate,"* (Matthew 19:6 and Mark 10:9), he's also making explicit what was always understood, that marriage was a lifelong union.

Knowing this about marriage, it would make sense that God forbids divorce. The two exceptions to this rule that are spelled out in Scripture are adultery (Matthew 19:9) and desertion (1 Corinthians 7:15).

To properly understand adultery, we need to listen to the words of Jesus in Matthew 5:27-30. He says, *"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart"* (Matthew 5:28). He is telling us that adultery is more than the physical act. It's with our thoughts. This concept is encapsulated with the phrase "sexual immorality".

Sexual immorality is condemned throughout Scripture. The verses are numerous, but just one example is Colossians 3:5, *"Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire ..."* Sexual immorality includes any sexual act, word, or thought outside of marriage. This includes rape, homosexuality, incest, sexual child abuse, obscenity, and the use of pornographic materials.

Because homosexuality has become rather prevalent in our society today, it should be pointed out that homosexuality is strongly condemned in Romans 1:26-27 and 1 Timothy 1:10. Another passage is 1 Corinthians 6:9-10, which states, *"neither the sexually immoral, ... nor adulterers, nor men who practice homosexuality ... will inherit the kingdom of God."*

Cohabitation is also common place in our culture. But God is not pleased with sexual activity outside of marriage. Hebrews 13:4 reads, *"<sup>4</sup>Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous."*

With what is God pleased? When husband and wife love and honor each other. Within the bounds of marriage, God's gift of intimacy is to be enjoyed (1 Cor. 7:3).

Marriage is a picture of Christ and His bride, the church (Revelation 21:9). As Christ loved the church and gave himself up for her, he cleansed her and sanctified her (Ephesians 5:25-27). As members of the church, we are eternally grateful for this. Even though we find ourselves guilty of not measuring up to the high standards that our Lord has for us, we rejoice that He has washed us of our stain. Being sanctified in Him, we are inspired to live in purity and holiness (1 Thessalonians 4:7).

On **Sunday, November 11**, our **church children** along with our **Early Learning Center** children will be singing at the **11:00 AM** worship service. Following the service will be a **Thanksgiving Dinner**. Members of St. Luke's, please view this meal not only as a *fellowship* activity, but also as an *outreach* event. Early Learning Center families will be joining us. Please welcome them, introduce yourself to them, and interact with them.

This year, on **Wednesday, November 21**, at **7:30 PM**, instead of a Thanksgiving Day service, we are offering a **Thanksgiving Eve Service** at 7:30 PM. We will be celebrating the Eucharist. Eucharist means "thanksgiving," and it is another name for Holy Communion. We are not only thankful people, we know who to thank.

We have open seats on the council and the elders. If you are willing to serve, please let us know.

It is an honor to serve as your pastor.



*Sharing Jesus Christ's love with those around us."*

### SEPTEMBER OFFICIAL ACTS

Receive from other Lutheran Churches  
**Joyce Todd**

Transfer out  
**Susan (Cederberg) Croisant**

Release  
**Scott Frerking, Julie, Ashley  
Mark Schallhorn**

Baptisms  
**Rex Alexander Eric Hatfield**  
September 22, 2018

Burials  
**Lorna Taylor**  
September 22, 2018  
Valley View Memorial Park Cemetery

## BIRTHDAYS

**November 1:** Tami Robison  
**November 3:** Larry Williams  
**November 4:** Arlene Garcia, Ryan Lynch, Natalie Thomas  
**November 5:** Timothy O'Briant  
**November 6:** Alice Wesche, Melanie Jones, Patricia Thompson, Bentley Davies  
**November 7:** Jennifer Arnold, Brynlee Rengstorf  
**November 8:** Ruth Kandt  
**November 9:** Addison Heitman  
**November 10:** Traci Lohse, Jonathan Mellowship, Joshua Hughey, Candice Mathies  
**November 11:** Phyllis Shepek, Steve Heitman, Waylon Fleming, Ed Park  
**November 12:** Heather Coots, Angela Reid, Grant Haefke, Nathan Vogt  
**November 13:** Mary Lou Little  
**November 14:** Stacy Kohlmeier, Wesley Reinhardt  
**November 15:** Jill Newland, Scott Mall, Mark Hatesohl, Liam Pralle  
**November 16:** Stephanie Thede  
**November 17:** Steve Eckhoff, Amber Davies, Rebekah Lyons  
**November 18:** John Johnson, Thomas Bean, Stephanie Watt  
**November 20:** Doris Ahrens, William Hull, Lindsey Wilson  
**November 21:** Leonard Parker



**November 22:** Wayne Goff, Megan Raymond  
**November 23:** Diane Hinrichs-Toburen  
**November 24:** Doug Frihart, Sandi Redding, Jason Cederberg  
**November 25:** Jared Thomas, Megan Hanson, Seth Maxfield, Alyssa Frey  
**November 26:** Jim Jorns, Wyatt Alexander  
**November 27:** Marlene Moormann  
**November 28:** Erna Hass, Jim House, Sawyer Manning  
**November 29:** Amy Juracek, Dan Dahl, Colin Abitz  
**November 30:** Zachery Fleming, Grayson Prockish

## ANNIVERSARIES

**November 3:** Doug & Jill Newland, David & Arlene Garcia  
**November 5:** Kolby & Rebeca Montross  
**November 18:** Wayne & Jane Goff  
**November 24:** Chris & Carol Deetjen  
**November 25:** William & Madeline Hosier  
**November 26:** Darrin & Paula Frey



Date	Saturday 6:00 pm	Sunday 8:30 am	Sunday 11:00 am
November 3/4	Kennedy Danker	Ethan Olesky	Luke Wilson
November 10/11		Ian Carter	Bailey Wright
November 17/18	Isabella Jepsen	Jocelyn Brott	Sophie Wright
November 21—Thanksgiving Eve Service - 7:30 PM - Zoe Riggs			
November 24/25		William Miesner	Ava Wright



## ST. LUKE'S EARLY LEARNING CENTER (ELC)

Fall is definitely in the air! If you were to "pop in" to any of the classrooms this past month, you would have found the students exploring a common fall theme: pumpkins! We have examined the outsides and insides of a pumpkin, tasted roasted pumpkin seeds, enjoyed pumpkin pie in a cup and learned about the life cycle of a pumpkin. At the end of the month we will have traveled to A&H Farm to explore a real pumpkin patch. We sure have a fun group of kiddos!

As we enter the month of November, we would like to make you aware of our first fundraiser for the year. After a popular response from last year, we will be selling the Little Caesar Pizza Kits again. These kits are affordable, easy to assemble and a fun way to get all family members involved in cooking. Order forms will be available mid-November. You can order through any ELC board member, teacher or student. We appreciate your support as we continue to provide the best Christian early childhood education to the students in our care.

(exploring shapes)



(say cheese)



(Bible time with Ms. Charity)



**Children's Ministry Chair:**  
Shane Rengstorf, slrengstorf@yahoo.com

**BASIC Sub-Chair:**  
Gail Schwanke, 785-210-6250

**Sunday School Sub-Chair:**



**Children's Church/Nursery Sub-Chair:**  
Marilyn Fick, wm\_fick@yahoo.com

**VBS Sub-Chairs:**  
Tiffany Manning,  
tiffanykaymanning@gmail.com

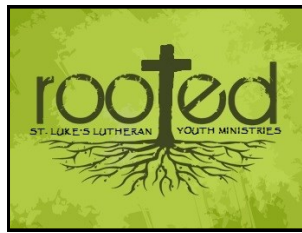
**Family Events Sub-Chair:**  
Darci Paull, 785-565-4132

- No BASIC November 21.
- No Sunday School November 25.
- We are in need of a 6th to 8th grade Sunday School co-teacher.
- BASIC co-teacher needed for 1<sup>st</sup> and 2<sup>nd</sup> grade and 5<sup>th</sup> and 6<sup>th</sup> grade.



**Youth Ministry Chair:**  
Lori Uffman

**Servant Events Sub-Chair:**  
Jerry Feeley



**Youth Events Sub-Chair:**  
Jessica Campbell

**Gathering Sub-Chair:**  
Kristina Schmidt

- Senior high youth nights continue on Wednesday nights at 6:15 PM.
- Youth Board meeting November 11 following the Thanksgiving feast.
- Senior High Youth Gathering late registration due November 11, \$135; Gathering is November 16 to 18, Hutchinson, KS. Pray for those attending.
- National Youth Gathering Meeting for parents and youth November 14 during youth group time.
- Junior and Senior High Youth Night November 21 at 6:15 PM.
- A day of service November 23 from noon to 5:00 PM; we will be raking leaves. RSVP to Jerry Feeley by November 21.
- We will be putting up Christmas decorations November 25 between services.
- We are in need of a male youth night leader for our Wednesday night meetings. Contact Charity Smith for more information.

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## MISCELLANEOUS

### **NOVEMBER DOOR OFFERING: Mayor's Christmas Holiday Food and Fund Drive**

The holidays are a busy time for everyone and the Flint Hill Breadbasket is no exception. With the holiday season right around the corner, we're already busy preparing for our annual food and fund drive that provides local individuals and families in need with food assistance year round. The Flint Hills Breadbasket receives no federal, state, county, or city funding. We rely strictly on grants, foundations, and private gifts from individuals. Our mission is to minimize hunger and poverty through the distribution of available food and to nurture the programs that will help alleviate hunger and poverty. Thank you for everyone's continued support in helping us promote our mission!

**LWML SOCIETY MEETING:** The LWML Society will be meeting Monday, November 12, at 7:00 PM in the church basement. We will have a guest speaker from Shepherd's Crossing. During the meeting, we will be presenting a check to Shepherd's Crossing from this year's proceeds from Pumpkin Patch. Anyone is welcome to attend.

**THE LWML LADIES NUTS AND TREATS:** If you like pecans and other nuts and treats for yourself or gift giving look for the bright yellow order forms. It is time for the Lutheran Women's Missionary League (LWML) nut sales. Proceeds from this fundraising event will purchase the "Portals of Prayer" devotional booklets for use at the hospital and nursing homes in Manhattan. Order forms are available in the narthex or from one of the members listed below. Orders with check attached must be turned in by November 1 to: Jeanette Campbell (539-6060); Marilyn Fick (776-0879); Julie Hatesohl (320-2196); Joyce Mott (537-0907); Jill Newland (539-0174); Nancy Williams (383-3340) or Alice Wesche (539-7278).

**CREATION SCIENCE:** After the completion of the recent Creation Science study, interest was shown to visit the Creation Museum and Ark Encounter which is a ministry of Answers in Genesis. The trip is scheduled for February 15 to 18, 2019. Bus fare is \$150; lodging is \$125 per night; tickets are \$70. The early bird registration ends January 1; all registration due January 15. If you have an interest/any questions, please contact Charity Smith, [dce@stlukesmanhattan.org](mailto:dce@stlukesmanhattan.org).

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## CONNECT GROUPS

- \* Sundays, in the fellowship hall following coffee time, **Adult Bible Class**, Pastor Schmidt

- \* Mondays, 2nd and 4th Monday, 9:30 AM, **Women's Bible Study**, "John, The Way to True Life," Diane Mosier, 785-776-8615
- \* Monday, 3rd Monday of the month, 6:30 PM, **Lighthouse**, an infertility, miscarriage, and infant loss support group, at the church, Meghan Loverude, meloverude@gmail.com; Jessica Heimsoth, jessicaheimsoth@gmail.com; Charity Smith, dcestlukesmanhattan@org.
- \* Monday, 3rd Monday of the month, 7:00 PM, **Card Making** at Candlewood Frame Shop, Janet Beach and Ann Williams
- \* Tuesday, 3rd Tuesday of the month, 6:00 PM, **"I Wanna Craft"** in education building, Charity Smith, 804-874-1225, bring any craft you desire
- \* Tuesday, noon, **"Lunch with Jesus"** in Fireside Room, Charity Smith, 804-874-1225
- \* Tuesday, 6:00 PM (9 week class), **Financial Peace University**, contact Jesse Smith, smithjesse@icloud.com
- \* Starts Tuesday, January 8, 6:00 PM (6 week class), **Smart Money, Smart Kids**, contact Jesse Smith, smithjesse@icloud.com
- \* Wednesday, 2nd Wednesday of the month, 9:00 AM, **Mission of Love** (working on quilts) in basement fellowship hall, Dorothy Burtness, 539-8018
- \* Thursdays, TBA, **Cancer Companions** at Via Christi Village Chapel, Judy Boye, 785-320-6355 or judyboyehotmail.com

## STEWARDSHIP HIGHLIGHT

Each month, we will be highlighting a St. Luke's Council Board (or two) to share some of the great things these Boards are doing on behalf of our Church. This information is also to help draw interest in these Boards and if there is an event or activity that you have a special talent or interest in, please contact the Board Chair (contact information at the end of the article).

### BOARD OF CHRISTIAN OUTREACH AND MISSIONS:

The Board of Christian Outreach and Missions seeks to follow Christ's directions in Matthew 28:19-20.

"Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.

In order to share Christ's word, the Board seeks to reach out to members of St. Luke's and the community, including KSU students, by setting yearly goals that promote the mission.

The goals for this year included:

- Host a booth at Purple Power Play
- Host a trunk for Trunk-or-Treat
- Host a Table Talk meal
- Support HIS (Helping International Students)
- Host an ELC lunch for families after the children sing in church
- Organize/Help with various outreach events working alongside other St. Luke's organizations

The Board doesn't have a set schedule for meetings, but usually meets over the lunch hour in the church basement. Meetings are held about 3 times a year; much of the business is conducted through email.

There are no special requirements to serve on this Board. If you are interested in serving on or learning more about the Christian Outreach and Ministry Board, please contact Sandi Redding at 785-587-7956; please leave a message if no answer.



**The Lutheran Church—Missouri Synod**  
**LCMS Stewardship Ministry**  
**November 2018 Newsletter Article**

Sometimes people don't like it when pastors talk about stewardship. For some, it hits too close to home. It is easier to talk about bad people in Washington, in history, or overseas than it is to think about what our daily life in Christ is supposed to look like – how we are supposed to love our neighbor.

The fact that we don't like hearing about stewardship certainly means we ought to face it. Here are a few simple and practical realities.

God calls us to first-fruits, sacrificial giving. This means we should give off the top. We should set a percentage of our income as a deliberate gift for the work of the Church and give that first. We write the check to the Lord's work in the Church before we pay the mortgage or pay for our medicine or pay for anything else.

We don't pay for all the stuff we need, and think we need, and then give from what is left over. That is the first-fruits idea. It is hard because we think we need all sorts of other things first. But that is the point of "sacrificial."

Next, how could the starting point for Christian generosity and sacrifice really be anything less than a tithe – 10 percent? The ceremonial law of the Old Testament was never arbitrary. In the Old Testament, the Levites received this tithe so they could be full-time ministers.

Does the New Testament have a ministry that is larger or smaller? It is far larger: "Make disciples of all nations" (Matt. 28:19).

And we are still to have a full-time ministry: "The Lord has commanded that those who preach the Gospel should make their living from the Gospel" (1 Cor. 9:14).

So, if 10 percent was needed in the Old Testament, and we have a bigger mission need in the New Testament, how can we expect the Lord's work to be done on less than a tithe?

First-fruits, sacrificial, generous giving – that's the way. We shouldn't fool ourselves into thinking that we've out-given God's goodness or that we've given plenty.

We might be tempted to think so but consider – no one in the Church has given plenty because no one has given all. No one has died for his sins. Only the sinless Son of God did that.

Or, as St. Paul said, bringing the Good News of Jesus into the discussion of our giving to support the Lord's work in the Church:

"I say this not as a command, but to prove by the earnestness of others that your love also is genuine. For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich" (2 Cor. 8:8-9).

As you can see, what the Bible commands about our stewardship can sting. It's law, and the law shows our sins. It calls us to repentance.

The law is meant to expose and accuse for the sake of showing us Christ and His fulfillment of the law. If first-fruits, sacrificial giving has you squirming, that's the point.

In Mark's account of the feeding of the 5,000, Jesus took the disciples' five loaves and two fish and blessed them. It was nothing among so many, but, of course, it was plenty. Jesus makes something from nothing.

Mark doesn't say that all the disciples gave Jesus all the bread they had. It is quite possible some of them held something back. But even if they did, that didn't stop Jesus from blessing them. Jesus makes something out of nothing.

He, who fed His people in the desert with Manna every morning, doesn't need their bread. But they need to give it. And what they give, however little it might be, however grudgingly they do so, He blesses it.

He not only blesses those whom He feeds with it, but He blesses them, the givers – not just in that they wind up with (a basket full for each loaf) but that they learned to trust and rejoice in Him.

The Lord gives, and the Lord takes away. The Lord gives abundantly or asks us to fast. We do not know what will happen. Blessed be the Name of the Lord.

He does all things well and works all things together for good. The disciples don't give their bread to Jesus because it is a good investment. They give it because He is good, they love Him, and they trust Him. Let us go and do likewise.



The HOLIDAY season is coming! AAAGGHHHH!!! It seems a little early to be talking about it, but have you seen the retail stores????

Is that how you feel when you think about the holidays? You *want* to see all of “those” people. You love the pumpkin pie and the homemade stockings. But it is easy to become too busy and too worn down with gift buying, baking, and must-go-to gatherings, especially if you are dealing with chemo and doctor appointments. Just thinking about the holidays may make you feel tired before you even start making plans.

In all of this it is so, so easy to get “wrapped up” in to-do lists that we miss the reason we are celebrating! This year don't let the holiday season expectations and traditions take over your life. Decide what it is that gives YOU joy and helps YOU celebrate the birth of Jesus and the promises that brings.

That may sound like unattainable expectations! However, just removing a few obligations and expectations can relieve a tremendous amount of stress during the holidays. That allows us to focus on preparing our hearts to celebrate the birth of Jesus. That is the joy of the holidays!

Cancer Companions will begin meeting after the first of the New Year. Look for announcements!



## St. Luke's LWML Minute

Thank you to those who celebrated LWML Sunday with us on October 14. We appreciate the recognition for the role we play here at St. Luke's.

We appreciate everyone who donated goodies for the annual Pumpkin Patch booth. We will be presenting Good Shepherd with a check for \$752.19 at our November Society meeting (11/12/18).

Thank you to everyone who supported the LWML Nut Sales. The first order of nut sales had 704 items ordered. Money from the Nut Sale proceeds supports Portals of Prayers for Ascension Via Christi Hospital and the area nursing homes.

We are closing in on our 2018 Mite goal of \$2,018. Our mite giving this year stands at \$1,769.24; just \$248.66 away from our goal and two more months to go. There will be a 5<sup>th</sup> Sunday in December where we will have our mite box out after each service. Just remember, there is an acrylic mite box in the Narthex all the time. Please help us achieve our mite goal this year.

November 12 is the LWML Society meeting. The meeting begins at 7:00 PM in the church basement. We will have a presentation by Shepherd's Crossing. If you want to learn more about this event, please follow the announcement in the bulletins.

We can always use volunteers and if you are interested in learning more, please contact the Society Officers: Julie Hatesohl, Alice Wesche, Jill Newland, Nancy Williams or Circle Presidents: Dorothy Burtness or Marilyn Fick either at Church, or contact us through the Church Directory. We'd love to hear from you!



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### Mission of Love

Mission of Love will begin its new season for making quilts for those less fortunate than ourselves on Wednesday, November 14. We have several ready to tie!

We delivered 12 quilts to Lutheran World Relief via the truck that picks up from Salina and Topeka each October; 14 quilts were taken to Orphan Grain Train at their new Wichita location! Just think of what could be accomplished if we had more willing hands to help. We cut blocks (11 inches) at home, organize them at Mission of Love, then sew blocks together at home and bring back to be tied! If you aren't able to join us on the 2nd Wednesday morning each month but would be willing to help from home, please give me a call.

Remember, used sheets, blankets and fabric can always be repurposed into these quilts.

- Dorothy Burtness, 539-8018

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### Traveling Bulletin . . .

St. John-St. Matthew-Emanuel, Brooklyn, NY, Dan & Pearl Caponera  
Ascension, Wichita, KS, Larry & Alice Wesche  
Mt. Hulda, Cole Camp, MO, Mark & David Hatesohl  
Trinity Ev., Casper, WY, Jessica Jones  
St. Paul, Clay Center, KS, Greg & Kris Burnett  
Prince of Peace, Carrollton, TX, Walt & Marilyn Fick

(When you worship at another church, please bring the worship folder and bulletin to the church office with your name on. We will post your name and where you've worshipped, hopefully stimulating conversation of where you've visited. And, our staff will get the chance to see what other churches are doing. Thanks!)

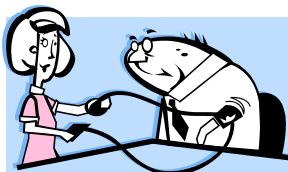
# FROM THE PARISH NURSE

## Flu and you!

Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. The more people who get vaccinated, the more people will be protected from flu, including older people, very young children, pregnant women and people with certain health conditions who are more vulnerable to serious flu complications. <http://www.cdc.gov/flu>

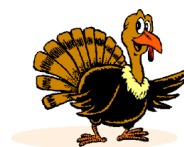


Your Parish Nurses:  
Jamie, Heidi and  
Kate



## EVERYDAY REALITY

Diabetes is one of the leading causes of disability and death in the United States. This year's theme for American Diabetes Month is "Everyday Reality." For those who've been diagnosed, diabetes impacts nearly every decision they make daily—from what they'll eat, wear, do and how they'll take care of themselves. Yet the 24/7 burden of diabetes management is often misunderstood. And while the everyday of diabetes can seem overwhelming, there are ways we can all help – and to prevent it from becoming the everyday reality for millions more. Millions of people around the world live with diabetes or know someone living with diabetes. Regardless of the type of diabetes, diabetes isn't yet a curable disease. However, it is a very treatable disease, and no matter how frightening, annoying, and frustrating it can be, people with diabetes can live long, healthy, and happy lives. To learn more about diabetes and your risks, visit the American Diabetes Association website at : [www.diabetes.org](http://www.diabetes.org) or talk with your physician.



## National Hospice & Palliative Care Month

This year's theme is "It's About How You Live." "Every year, nearly 1.4 million people living with a life-limiting illness receive care from hospices in this country," said Edo Banach, president and CEO of the National Hospice and Palliative Care Organization. "These highly trained professionals ensure that patients and families find dignity, respect and love during life's most difficult journey." Hospice and palliative care programs provide pain management, symptom control, psychosocial support and spiritual care to patients and their families when a cure is not possible. These programs combine the highest level of quality medical care with the emotional and spiritual support that families need most when facing a serious illness or the end of life. For more information about hospice, palliative care and advance care planning, visit the National Hospice and Palliative Care Organization (NHPCO) website.

## Do You Have An Advanced Directives?

Advance care planning is making decisions about the healthcare you would want to receive if you happen to become unable to speak for yourself. These are your decisions to make, regardless of what you choose for your care, and the decisions are based on your personal values, preferences, and discussions with your loved ones. **EVERY adult regardless of age** should have an Advanced Directive!

Advanced Directives include a Living Will in which you have an opportunity to detail what care options you would like that represents your quality of life, and a Durable-Power-of-Attorney for Health Care in which you choose one or more persons who will honor your Living Will and speak on your behalf should you be unable to express those choices due to a catastrophic illness/injury or your end-of-life. For Advanced Directive Forms for the State of Kansas go to: <http://www.caringinfo.org>