St. Luke's Visitor

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16

FROM THE PASTOR'S PEN

"Honor your father and your mother" Exodus 20:12 & Deuteronomy 5:16

We are to *love* our neighbors (Matthew 22:39) and our brothers (1 John 3:14), but we are to *honor* our parents.

I want to share with you some quotes by Luther from the Large Catechism:

"Honor includes not only love, but modesty, humility, and submission" (Large Catechism, The Ten Commandment, paragraph 106).

- "In our words we must speak modestly toward them [Proverbs 15:1]. Do not address them roughly, haughtily, and defiantly. But yield to them and be silent, even though they go too far." (Large Catechism, The Ten Commandment, paragraph 110)
- "Honor requires not only that parents be addressed kindly and with reverence, but also that, both in the heart and with the body, we demonstrate that we value them very highly, and that next to God, we regard them as the very highest" (Large Catechism, The Ten Commandment, paragraph 107).
- "Parents are not to be deprived of their honor because of their conduct or their failings." (Large Catechism, The Ten Commandment, paragraph 108).
- "...we have two kinds of fathers presented in this commandment: fathers in blood and fathers in office, or those who have the care of the country. Besides these there are still spiritual fathers." (Large Catechism, The Ten Commandment, paragraph 158)

We honor those in authority because they hold offices created by God that have been established for our benefit.

St. Luke's Lutheran Church and Early Learning Center 330 Sunset Avenue Manhattan, KS 66502 (785) 539-2604 stlukesmanhattan.org

Rev. Michael J. Schmidt, Senior Pastor

Charity Smith, Director of Christian Education

Rev. King Crawford, Campus Ministry

Gretchen Hartsook, Director of Music

Laurie Powell, Director of Early Learning Center

Erik & Meghan Loverude, Social Media

WORSHIP SERVICES Traditional Saturday 6:00 PM Sunday 8:30 AM Contemporary Sunday 11:00 AM

Children's Sunday School and Adult Bible Class Sunday 9:45 AM Keep in mind the following dates:

- September 9 Trail Life USA & American Heritage Girls Sunday. Our Trail Life USA boys and American Heritage Girls will be very visible in our 8:30 AM worship service.
- September 9 Back-to-School Bash from 3:30-6:00 PM on the lawn across the street from the church.
- September 22 Flint Hills Praisefest. It will be held in Cico Park this year. Trail Life USA and American Heritage Girls will have a booth.
- September 23 Inquirer's Class begins. It will be held on Sundays from 2:00-3:30 PM. This is the class that leads to membership at St. Luke's.
- October 5-6 Pumpkin Patch at Pottorf Hall. LWML will be there!
- October 6-7 Blessing of the Quilts at all servics.
- October 7 Fall Festival at the Campbell's Farm.
- October 13-14 LWML Weekend.
- October 18 Demographic Study Presentation at Mt. Calvary in Wamego.

It is an honor to serve as your pastor.



Sharing Jesus Christ's love with those around us."

JULY OFFICIAL ACTS

Transfer In Allen & Renee Walter (Zion Lutheran, Downs, KS)

> Transfer Out Jon & Ann Ulmer, Nevaeh, Zaden

> > Release Members Angela Allsbury Denise Fangman

Baptisms Henry Craig Lister, July 8, 2018 Warren Michael Culbertson, July 8, 2018 Harper Lynn Lohse, July 28, 2018

> Burials Francis W. Cederberg Died: July 21, 2018 Funeral: July 27, 2018

BIRTHDAYS

September 1: Allison Frihart

September 2: David Cooper, Judy Krause, Mike Schmidt, Mitchell McCoy, Evan Brott

September 3: Marsha Grunewald, Greg Burnett

September 3: Marsha aranewala, areg barnet

September 5: Franklyn Kandt,

Eula Mae Parker, Tucker Lynch

September 7: Luke Schmidt,

Ethan Olesky

September 8: Eleanor Shelton,

Logan Olesky

September 9: Tyson Kruse, Bennett Spikes

September 10: Anna Schrader, Daniel Mathies, Samuel Danker, Tyler Sams

September 11: Kennard Kopp, Jamie Spikes, Joshua Schwanke September 12: Gary Mott, Cathie Wilkinson, Bobbie Horocofsky,

Piper Dahl

September 13: Alice McLain, Nicole Dahl, Matthew Easton, Scott Manning

September 14: Larry Eagan,

Hailey Greuter, Annabelle Saunders

September 15: Edna Williams, Marilyn Fick

September 16: Andrew Klimek

September 17: Ralph Wright, Chauncy Larson, Trysta Williams

September 18: Glavin Lohse, Cole Fleming September 19: Bruce Oberhelman, Christopher Koehler September 20: Lucille Love, Paul Abitz, Miranda Tegtmeier, Reagan Danker September 21: Dan Caponera, Kathryn McNeal, David Lohse, Brandy Ukena, Seth Tucker, Rachael Peterson September 22: C. Lee Woodford, Steve Williams, Mason Sturdy

September 23: Charles Veatch, Torie Winter September 24: Ken Hughey, Missy Schrader, Lillian Sauerbrunn, Elijah Bean September 25: Kate McCoy, Myra Campbell September 26: Steve Koehler, Rhiannon Fleming September 27: Thelma Liebe, Alia Willingham September 28: Joan McCoy, Sharon Eckhoff, David Garcia

ANNIVERSARIES

September 1: Ed & Denise Klimek, Eric & Shelly Moore

September 3: Franklyn & Ruth Kandt September 5: Stephen & Jessica Heimsoth September 7: Hamlin & Dorothy Burtness September 9: Paul & Amy Abitz September 13: Dan & Pearl Caponera September 14: Gary & Connie Kasten September 17: Larry & Linda Williams



Date	Saturday 6:00 pm	Sunday 8:30 am	Sunday 11:00 am
September 1/2	Kennedy Danker	lan Carter	Colin Abitz
September 8/9		Jocelyn Brott	Jaden Campbell
September 15/16	Isabella Jepsen	William Miesner	Kyle Campbell
September 22/23		Olivia Stuckwisch	Dalyn Eckhoff
September 29/30		Ethan Olesky	Tyson Kruse

ST. LUKE'S EARLY LEARNING CENTER (ELC)

St. Luke's Early Learning Center has officially kicked off the new school year. Some students anxiously waited for their first day of school to arrive, while others were excited to start in a new classroom. With the start of a new school year, the classrooms will be spending extra time on routines. Our themes often include getting to know each child, how to spell their name and learning more about their family.

The Lutheran Schools' theme for this year is "Real. Present. God." which is based from Psalm 46. In this Psalm, God promises to be truly present in our lives through His great and precious promises. We thank God for the opportunity to provide excellent care and education for the children we serve. We are most grateful for the opportunity to share Jesus' amazing love with children and their families. Praise be to God for this ministry!

(Mrs. Tracie's class finger painting a welcome sign.)





(Mrs. Laurie's class enjoying yoga time.)

(continued on page 8)

Children's Ministry Chair: Shane Rengstorf, slrengstorf@yahoo.com

> BASIC Sub-Chair: Gail Schwanke, 785-210-6250

Sunday School Sub-Chair:



Children's Church/Nursery Sub-Chair: Marilyn Fick, wm_fick@yahoo.com

VBS Sub-Chairs: Tiffany Manning, tiffanykaymanning@gmail.com

Family Events Sub-Chair: Darci Paull, 785-565-4132

- We will have BASIC on September 5.
- We are in need of a 6th to 8th grade Sunday School co-teacher.
- BASIC co-teachers needed for 1st and 2nd grade and 5th and 6th grade.

Youth Ministry Chair: Lori Uffman

Servant Events Sub-Chair: Jerry Feeley



Youth Events Sub-Chair: Jessica Campbell

Gathering Sub-Chair: Kristina Schmidt

- Youth Board Meeting September 9 at 1:00 PM.
- Senior high youth nights continue on Wednesday nights at 6:15 PM.
- Junior High Gathering registration due September 25; \$50 to attend plus the cost of 2 meals. Gathering is held in Williamsburg, KS October 12 and 13.
- Senior High Gathering early registration due September 23; \$95 to attend plus the cost of 4 meals. Gathering is held in Hutchinson, KS November 16 to 18.

MISCELLANEOUS

SEPTEMBER DOOR OFFERING: Orphan Grain Train

Orphan Grain Train ships food, medical supplies, and other necessities to people around the world. Contributions can be mailed to P. O. Box 1466, Norfolk, NE 68702-1466; additional information can be found at www.ogt.org. "I will not leave you as orphans; I will come to you." John 14:18 (NIV)

CREATION SCIENCE: Beginning September 9 during the Sunday School hour, DCE Smith will be leading a six week study on the science behind creation and the young earth for the junior and senior high youth and adults. Explore topics like geology, biology, astrology, genetics and dinosaurs.

BACK-TO-SCHOOL BASH: Come join us Sunday, September 9, 3:30 to 6:00 PM for a fun event for all ages. We will be in the grassy lot across the street from the church right along Sunset. Bring your friends and family. If you are interested in passing out flyers in your neighborhood and would like to walk with a group, meet at church Thursday, September 6 at 9:00 AM.

LWML SOCIETY MEETING: We are meeting Monday, September 10, at 7:00 PM in the church basement. St. Luke's is blessed to have a LWML national leader. Susan Brunkow currently serves as the National Chair for LWML Leader Development. Susan will be the presenter for our Society Meeting; providing a presentation on LWML Basics in the 21st Century. Ladies who are unfamiliar and want to learn more about LWML are encouraged to join us for the September Society Meeting.

MISSION OF LOVE: We will meet to work on quilts on Wednesday, September 12, at 9:00 AM in the fellowship hall. If you can tie a shoe, you can tie a quilt! Come and help us finish up quilts to be blessed at the services on October 6 and 7 and then the quilts will be distributed.

CHURCH COUNCIL: We still need people to serve as Chairs to lead the following Boards:

- Fellowship & Assimilation (two-year term): Involve members and guests in the life of the congregation by hosting fellowship time between church services on Sundays, helping new members feel welcome to the congregation, encouraging community among members who attend the different services, and helping as needed during church events.
- Adult Ministry (two-year term): Support the growth of faith in adults at St. Luke's in the areas of education (Bible studies, small groups, and family life education opportunities), assembly

(participation in retreats, conferences, and gatherings), events (fellowship and social activities, and outreach opportunities), and service (helping those in need). Adult Ministry sub-chair positions are also available for each of these four areas.

• Christian Care (one-year term): Show Christian love and compassion to everyone by encouraging and supporting the efforts of individuals and small groups who provide physical, emotional, and spiritual help to our members, Early Learning Center (ELC) families, and the larger community in times of need.

PRESENTATION: LCMS Demographer Heath Curtis will be doing a presentation at Mt. Calvary, Wamego, KS on Thursday, October 18, 6:30 to 8:30 PM. This will be very informative on the future of the church.

PRAISEFEST: Mark your calendars for September 22 for a day of Christian music and local bands. This year the Praisefest will be held at CiCo Park.

LERT CHAINSAW TRAINING: LERT Chainsaw Training Event will be Friday, September 28 and Saturday, September 29. Registration and evening meal: Friday at 6:00 PM at Trinity Lutheran Church, Winfield, KS. Classroom time: 7:00 to 10:00 PM at Trinity Lutheran Church. Hands-on sessions: 8:00 AM to 5:00 PM at K & W Farm, 22618 181st Road, Dexter, KS. Training provided by Ed Brashier, DDRC Southern District, Shepherds Heart Ministry. Contact: Donna Williams (316) 641 -0332 or ksddrc@gmail.com. Cost: \$35. Friday supper & Saturday lunch provided.

CONNECT GROUPS

- * Sundays, in the fellowship hall following coffee time, **Adult Sunday School**, Pastor Schmidt
- Mondays, 2nd and 4th Monday, 9:30 AM, Women's Bible Study, "John, The Way to True Life," Diane Mosier, 785-776-8615
- Monday, 6:30 PM 3rd Monday of the month, Lighthouse, an infertility, miscarriage, and infant loss support group, at the church, Meghan Loverude, meloverude@gmail.com; Jessica Heimsoth, jessicaheimsoth@gmail.com; Charity Smith, dcestlukesmanhattan@org.
- Monday, 3rd Monday of the month, 7:00 PM, Card Making at Candlewood Frame Shop, Janet Beach and Ann Williams
- Tuesday, 3rd Tuesday of the month, 6:00 PM, "I Wanna Craft" in education building, Charity Smith, 804-874-1225, bring any craft you desire
- Starts Tuesday, September 11, noon, "Lunch with Jesus" in Fireside Room, Charity Smith, 804 -874-1225
- Starts Tuesday, October 17, 6:00 PM (9 week class), Financial Peace University, contact Jesse Smith, smithjesse@icloud.com
- Starts Tuesday, January 8, 6:00 PM (6 week class), Smart Money, Smart Kids, contact Jesse Smith, smithjesse@icloud.com
- Wednesday, 2nd Wednesday of the month, 9:00 AM, Mission of Love (working on quilts) in basement fellowship hall, Dorothy Burtness, 539-8018
- Thursdays, TBA, Cancer Companions at Via Christi Village Chapel, Judy Boye, 785-320-6355 or judyboye@hotmail.com
- Thursdays, 8:00 PM, Young Adult Bible Study at the Hartsook home, 721 Rannells Road, Gretchen Hartsook, 785-410-1691 or gretchenamelia@gmail.com

Thank you to those who participated in the July 5th Sunday Mite Collection after each service. We collected over \$100 with this event. This money goes towards our District (State) and National mission projects. We will have another 5th Sunday LWML Mite Collection again in September so keep saving loose change for this event!

LWML (Lutheran Women Missionary League) has evolved over the years. What started out as an auxiliary organization for LCMS has evolved over the years. LWML is more than collecting money for mission projects. No, LWML now has a mission of serving the women of our LWML churches throughout the world through programs such as Heart to Heart – which is a program to share God's word to women of various cultures. Young Woman is another group formed to educate and inspire young women to strengthen their relationship with their Savior Jesus Christ. LWML also has YOUth in Mission, which equip mentors with resources to engage youth in opportunities for spiritual growth, mission, and service. To learn more about the various ways LWML is changing to meet the needs of women, young and old, please visit the LWML.org website.

LWML participated in the St. Luke's Rally Day. We thank everyone who stopped by to learn more about what LWML does for our Church, the community, our country and throughout the world. Elizabeth and Mary Martha Circles met in August and began planning for many of the scheduled fall activities.

We want to hear from you! LWML is conducting a survey to get feedback on what type of events might interest the women of St. Luke's. You can access the survey by <u>clicking here</u>. If you are unable to get to the survey and would like the link e-mailed or you would like a paper copy, please contact Julie Hatesohl at <u>phoebehat@gmail.com</u> or call 785-320-2196.

The fall season brings a lot of activities for LWML. Please watch the weekly bulletin for more information on these upcoming events:

- September 10 7:00 PM in Church basement: LWML Society Meeting. Speaker: Susan Brunkow. Topic: LWML 101. This program is for any woman who is interested in learning more about LWML and the services LWML offers to women around the world.
- October 5-6 Pumpkin Patch: We are looking for volunteers to work any of the 2-hour shifts or provide baked goods (anything that doesn't require refrigeration-no pumpkin pies). If you are interested in working a shift, please contact Julie Hatesohl at phoebehat@gmail.com or call 785-320-2196. Baked goods can be left in the Church kitchen Thursday or Friday; October 4 and 5.
- October 6-7 Blessing of the Quilts: Please join us during the weekend Church services seeing the beautiful quilts the Mission of Love Committee has created this past year.
- October 13-14 LWML Weekend: Please join us during the weekend Church services to recognize LWML and the women in our Church who serve.

We can always use volunteers and if you are interested in learning more, please contact the Society Officers: Julie Hatesohl, Alice Wesche, Jill Newland, Nancy Williams, or Circle Presidents: Dorothy Burtness or Marilyn Fick, either at Church or contact us through the Church Directory. We'd love to hear from you!



(Page 4, St. Luke's Early Learning Center Continued)



(Mrs. Becca's class all lined up and ready to go.)

ON-LINE MEDIA Website: stlukesmanhattan.org FaceBook: St. Luke's Lutheran Church St. Luke's Early Learning Center LCMS U at Kansas State University Twitter: @StLukesMHK Instagram: st.lukesluth

Traveling Bulletin . . .

Trinity, McFarland, KS, Carroll and Barbara Hackbart Mountain View, Apache Junction, AZ, Larry and Alice Wesche Calvary, Kansas City, MO, Ken & Carolyn Culbertson Assumption, Florence, AZ, Ken & Carolyn Culbertson Faith, Topeka, KS, Brad and Susan Brunkow Trinity, Shawnee Mission, KS, Brad and Susan Brunkow

(When you worship at another church, please bring the worship folder and bulletin to the church office with your name on. We will post your name and where you've worshipped, hopefully stimulating conversation of where you've visited. And, our staff will get the chance to see what other churches are doing. Thanks!)

The Lutheran Church—Missouri Synod Stewardship Newsletter Article - September 2018

It's September, and everything is in full swing again: back to school and back to church attendance after vacations and weekends away. And since everything is back into full swing, it's a perfect time to get back to basics, back to the foundation.

At the end of the first of his chapters on the virtue of faith in *Mere Christianity*, C.S. Lewis provides a helpful reminder, by way of analogy, for the foundation of stewardship. He wrote:

Every faculty you have, your power of thinking or of moving your limbs from moment to moment, is given you by God. If you devoted every moment of your whole life exclusively to His service you could not give Him anything that was not in a sense His own already. So then, when we talk of a man doing anything for God or giving anything to God, I will tell you what it is really like. It is like a small child going to its father and saying, "Daddy, give me six pence to buy you a birthday present." Of course, the father does, and he is pleased with the child's present. It is all very nice and proper, but only an idiot would think that the father is sixpence to the good on the transaction. When a man has made these two discoveries God can really get to work. It is after this that real life begins. (128–129).

This is the first thing we are given to confess about stewardship, and it has to do with ownership. God owns everything, and we are simply managers — stewards — acting on His behalf. This is true not only of all that we have in this life (Deuteronomy 8:17–18), but also all that we are in this life (1 Corinthians 6:20).

The rest flows from here. Since we are stewards, or managers, of what belongs to God, entrusted to make use of it according to His will, there is an expectation of responsibility and accountability.

For the Lord said, "Everyone to whom much was given, of him much will be required, and from him to whom they entrusted much, they will demand the more" (Luke 12:48b).

And from this comes blessing and reward: "Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your master" (Matthew 25:21).

We have everything we need to support this body and life from our God's fatherly divine goodness and mercy, without any merit or worthiness in us. We have everything we need for our spiritual life also from His merciful hands.

On account of the sacrifice of His Son, our Lord Jesus, through the preaching of the gospel and the administration of the sacraments, we have the forgiveness of sins, eternal life, and everlasting salvation delivered to us with absolute certainty that it is ours — not as stewards but as sons (Galatians 4:1–7).

Let us then, as His own sons, press all that He gives to us into the service of His church and to His glory.



Volume 9, Issue 9

September 2018

From the Parish Nurse...

September is Healthy Aging Month!



Healthy Aging® Month is an annual observance designed to focus national attention on the <u>positive</u> aspects of growing older. It's never too late to take control of your health. September is a time for us to reflect on where we've been and what we would like to do, those of us in the "Baby Boomer" generation age and beyond.

Healthy aging also means taking personal responsibility for one's health ... be it physically, socially, mentally or financially. As people grow older, it is very important to keep motivated, to say to yourself, "I can do it."

We've chosen a few healthy aging tips and information from the CDC website for our newsletter this month, but there is lots more information for you at cdc.gov/aging. God Bless! Jamie, Kate & Heidi—Your Parish Nurses!

STAY ACTIVE

Regular exercise is more important for seniors than at any other age since the risk of disease and lost mobility is greater and the positive effects are realized more quickly. Staying physically active and exercising regularly can produce long-term health benefits and even improve health for some older people who already have diseases and disabilities. That's why health experts say that older adults should aim to be as active as possible.

HEALTHY BRAIN

Cognitive decline, ranging from mild cognitive impairment to dementia, can have profound implications for an individual's overall health and well-being. Older adults and others experiencing cognitive decline may be unable to care for themselves or conduct necessary activities of daily living, such as meal preparation and money management. Limitations with the ability to effectively manage medications and existing medical conditions are particular concerns when an individual is experiencing cognitive decline or dementia. If cognitive decline can be prevented or better treated lives of many older adults can be improved. **Depression** is not just having "the blues" or the emotions we feel when grieving the loss of a loved one. It is a true medical condition that is treatable, like diabetes or hypertension. Older adults are at increased risk. We know that about 80% of older adults have at least one chronic health condition, and 50% have two or more. Depression is more common in people who also have other illnesses (such as heart disease or cancer) or whose function becomes limited.

Older adults are often misdiagnosed and undertreated. Healthcare providers may mistake an older adult's symptoms of depression as just a natural reaction to illness or the life changes that may occur as we age, and therefore not see the depression as something to be treated. Older adults themselves often share this belief and do not seek help because they don't understand that they could feel better with appropriate treatment.

CARE PLANNING FOR YOUR FUTURE

For the many older Americans living today with one or more chronic conditions, advance care planning is an important part of chronic disease self-management. While some people living with a chronic disease enjoy a reasonably good quality of life, in many cases, chronic diseases are ultimately accompanied by slow, extended periods of decline and disability. For some, the time may come when they are unable to speak for themselves or make their own decisions regarding health care.

It is during this time that you want to ensure your voice is heard, and your wishes and preferences regarding health care and heroic measures are known and honored. Having an advance directive for health care enables you to do that. Visit: www.cdc.gov/aging for more information and resources for healthy aging.